

Books for A New You

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Bradberry, Travis. ***Emotional Intelligence 2.0***

Carroll, Ryder. ***The Bullet Journal Method***

Cron, Ian Morgan. ***The Road Back to You***

Didion, Joan. ***The Year of Magical Thinking***

Duckworth, Angela. ***Grit***

Duhigg, Charles. ***The Power of Habit***

Ferriss, Timothy. ***Tribe of Mentors***

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Lucado, Max. ***How Happiness Happens***

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